

e-Supplement 6. Table of Control Types of the Included Studies (K = 39), Alphabetically Organized

Study name (author)	Year	Type of Control	Depression		Original Condition	Country of Data	Medication Allowed		Quality Rating (%)
			Primary/ Secondary	Yes/No			Yes/No	Quality Rating (%)	
Acarturk et al.	2016	Wait-list	2		PTSD	Turkey-Syria	No	91	
Arabia, Manca & Solomon	2011	Imaginal prolonged exposure therapy	2		Cardiac - PTSD	Italy	NS	84	
Capezzani et al.	2013	CBT	2		Cancer - PTSD	Italy	No	84	
Carletto, et al.	2016	Relaxation therapy	2		MS - PTSD	Italy	Yes	91	
Carletto, et al.	2018	Treatment as usual	2		Addiction	Italy	Yes	84	
Carlson et al.	1998	Wait-list/Biofeedback-assisted relaxation	2		PTSD	United States	NS	81	
de Bont et al.	2016	Wait-list/Prolonged exposure	2		PTSD	Netherlands	NS	91	
Deisenhofer et al.	2018	Trauma focused-CBT/Trauma focused-CBT (PAI treatment-specific predictors)	2		PTSD	Germany	Yes	91	
Demirci et al.	2017	Duloxetine	2		Somatic symptom disorder	Turkey	No	88	
Devilly et al.	1998	Reactive eye-dilation desensitization and reprocessing/Standard psychiatric support	2		PTSD	Australia	Yes	84	
Edmond & Rubin	2004	Treatment as usual/Wait-list (delayed treatment)	2		Sexual abuse	United States	No	88	
Gauhar	2016	Wait-list	1		Depression	Pakistan	No	81	
Graca et al.	2014	Group cognitive processing therapy/Trauma group exposure therapy	2		PTSD	United States	NS	84	
Hase et al.	2018	Treatment as usual	1		Depression	Germany	Yes	84	
Hase et al.	2015	Treatment as usual	1		Depression	Germany	Yes	88	
Hofmann et al.	2014	CBT	1		Unipolar Depression	Germany	Yes	84	
Hogberg et al.	2007	Wait-list	2		PTSD	Sweden	Yes	88	
Ironson	2002	Prolonged exposure	2		PTSD	United States	NS	84	

(continued)

e-Supplement 6. Table of Control Types of the Included Studies (K = 39), Alphabetically Organized (Continued)

Study name (author)	Year	Type of Control	Depression		Original Condition	Country of Data	Medication Allowed		Quality Rating (%)
			Primary/Secondary	Yes/No			Yes/No	Yes/No	
Karatzias et al.	2011	EFT	2		PTSD	Scotland	Yes	Yes	88
Kohler et al.	2017	Wait-list	2		PTSD	Germany	NS	NS	91
Lee et al.	2002	Stress inoculation training with prolonged exposure	2		PTSD	Australia	NS	NS	84
Lehning et al.	2017	Wait-list	2		PTSD-Symptom	Germany	NS	NS	88
Marcus et al.	1997	Standard care	2		PTSD	United States	Yes	Yes	88
Minelli et al.	2019	Trauma focused-CBT	1		Depression	Italy	Yes	Yes	88
Moghadam et al.	2015	No intervention	2		MI-Depression	Iran	No	No	75
Nijdam et al.	2012	Brief eclectic therapy	2		PTSD	Netherlands	Yes	Yes	91
Novo et al.	2014	Treatment as usual	2		Sub-syndromal Bipolar	Spain	Yes	Yes	91
Ostacoli et al.	2018	CBT+ADM	1		Depression	Italy	Yes	Yes	91
Power et al.	2002	Wait-list/Exposure + cognitive-restructuring	2		PTSD	United Kingdom	yes	yes	88
Rothbaum	1997	Wait-list	2		PTSD	United States	NS	NS	84
Rothbaum et al.	2005	Wait-list/Prolonged exposure	2		PTSD	United States	No	No	84
Shapiro et al.	2018	Wait-list (delayed treatment)	2		PTS	Israel	NS	NS	88
Shapiro & Laub	2015	Wait-list (delayed treatment)	2		PTS	Israel	NS	NS	91
Silver et al.	1995	Wait-list/Relaxation/ Biofeedback	2		PTSD	United States	NS	NS	59
Szpringer et al.	2018	Standard medical care	2		Glioblastoma	Poland	No	No	88
Tarquino et al.	2012	Wait-list/Eclectic therapy	2		PTSD-Domestic violence	France	Yes	Yes	84
van der Kolk et al.	2007	Pill placebo/Fluoxetine	2		PTSD	United States	No	No	84
Vaughan et al.	1994	AMR/IHT	2		PTSD	Australia	NS	NS	
Yurtsever et al.	2018	Wait-list	2		PTSD	Turkey-Syria	No	No	88

Note. ADM = antidepressant medication; AMR = applied muscle relaxation; CBT = cognitive behavioral therapy; EFT = emotion freedom technique; IHT = image habituation training; MS = multiple sclerosis; NS = not specified; PAI = personalized advantage index; PTSD = posttraumatic stress disorder; PTS = posttraumatic stress.