

e-Supplement 5. NOS for Nonrandomized Studies

Study name (author, year)	Selection				Comparability		Outcome			Total score	z-Score
	S1	S2	S3	S4	C1a	C1b	1	2	3		
(Carletto et al., 2018)	*	*	*	*	*	*	*	0	0	7	1.20
(Deisenhofer et al., 2018)	*	*	*	*	*	*	*	0	0	7	1.20
(Graca et al., 2014)	*	*	*	*	*	*	*	0	0	7	1.20
(Hase et al., 2015)	*	*	*	*	*	*	*	*	0	8	2.20
(Hofmann et al., 2014)	*	*	*	*	*	*	*	0	0	7	1.20
(Kohler et al., 2017)	0	*	*	*	*	*	*	0	0	6	0.20
(Silver et al., 1995)	0	*	*	*	*	*	0	0	0	5	-1.80
(Szpringer et al., 2018)	0	*	*	*	*	*	*	0	0	6	0.20
(Tarquinio, 2012)	*	*	*	*	*	*	*	0	0	7	1.20

Note. We quantified each * with 1 point, calculated a sum score and then generated a z-score.