

e-Supplement 1. Table of Demographic Presentation of the Included Studies (K = 39), Alphabetically Organized

| Study name (author, year) | RND | | Comparison | | Follow-up | | EMDR | | | | Sex (F%) |
|---------------------------|--------|------|------------|--------|----------------------------|--------------|---------------------|------------|------|--|----------|
| | YES/NO | Arms | Yes/No | Months | Duration of trials (weeks) | Sessions (#) | Duration of session | Age (mean) | | | |
| Acarturk et al., 2016 | Yes | 1 | Yes | 35 | NR | 4.2 | NR | 33.3 | 79.2 | | |
| Arabia et al., 2011 | Yes | 1 | Yes | 6 | 4 | 8 | 45 min | NR | NR | | |
| Capezzani et al., 2013 | Yes | 1 | No | - | 8 | 8 | NR | 50.8 | 100 | | |
| Carletto et al., 2016 | Yes | 1 | No | - | 12-15 | 10 | 1 hr | 39.5 | 75 | | |
| Carletto et al., 2018 | No | 1 | No | - | 24 | 24 | Per protocol | 39.5 | 10 | | |
| Carlson et al., 1998 | Yes | 2 | Yes | 3 | 6 | 12 | 60-75 min | 52.7 | 0 | | |
| de Bont et al., 2016 | Yes | 2 | Yes | 6 | 8 | 8 | 1 hr 30 min | 40.4 | 54.5 | | |
| Deisenhofer et al., 2018 | No | 2 | No | - | 20 | Up to 20 | NR | 41.9 | 60 | | |
| Demirci et al., 2017 | Yes | 1 | No | - | 6 | 6 | NR | 27.6 | 100 | | |
| Deville et al., 1998 | Yes | 2 | Yes | 6 | 5 | 2 | ~90 min | NR | 0 | | |
| Edmond & Rubin, 2004 | Yes | 2 | Yes | 3-18 | 10.4 | 6 | 1 hr 30 min | NR | 100 | | |
| Gauhar, 2016 | Yes | 1 | Yes | 3 | 7 | 6-8 | 1 hr | 29.4 | 80 | | |
| Graca et al., 2014 | No | 2 | No | - | 7 | 11 | NR | NR | NR | | |
| Hase et al., 2018 | Yes | 1 | No | - | 7.71 | 8.5 | 1 hr | 40.3 | 7 | | |
| Hase et al., 2015 | No | 1 | No | - | 6.54 | 4.6 | 1 hr | 43.3 | 37.5 | | |
| Hofmann et al., 2014 | No | 1 | No | - | NR | 6.9 | NR | 40.4 | 81.0 | | |
| Hogberg et al., 2007 | Yes | 1 | No | - | 8 | 5 | 1 hr 30 min | 43 | 23.1 | | |
| Ironson et al., 2002 | Yes | 1 | Yes | 3 | NR | 3 | 1 h 30 m | NR | NR | | |
| Karatzias et al., 2011 | Yes | 1 | Yes | 3 | NR | 3.7 | ~1 hr | 41.5 | 60.9 | | |

(continued)

e-Supplement 1. Table of Demographic Presentation of the Included Studies (K = 39), Alphabetically Organized (Continued)

| Study name (author, year) | RND | | Comparison | | Follow-up | | EMDR | | | | |
|-----------------------------|--------|------|------------|--------|----------------------------|--------------|---------------------|------------|----------|--|--|
| | YES/NO | Arms | Yes/No | Months | Duration of trials (weeks) | Sessions (#) | Duration of session | Age (mean) | Sex (F%) | | |
| Kohler et al., 2017 | No | 1 | No | - | 4 | 8-12 | 1-2 hr | NR | 7.7 | | |
| Lee et al., 2002 | Yes | 1 | Yes | 3 | 7 | 7 | 1 hr 30 min | 34 | NR | | |
| Lehnung et al., 2017 | Yes | 1 | No | - | 0.29 | 2 | NR | NR | NR | | |
| Marcus, 1997 | Yes | 1 | No | - | NR | 3 | 50 min | NR | NR | | |
| Minelli et al., 2019 | Yes | 1 | Yes | 4 | 8 | 24 | 1 hr | 52.3 | 83.3 | | |
| Moghadam, 2015 | Yes | 1 | Yes | 12 | NR | 3 | 45-90 min | NR | 16.7 | | |
| Nijdam et al., 2012 | Yes | 1 | No | - | 17 | 6.5 | 1 h 30 min | 38.3 | 61.4 | | |
| Novo et al., 2014 | Yes | 1 | Yes | 6 | 12 | 14-18 | 1 h 30 min | 43.9 | 70 | | |
| Ostacoli et al., 2018 | Yes | 1 | Yes | 6 | 13-26 | 15 | NR | 48.2 | 80.7 | | |
| Power et al., 2002 | Yes | 2 | No | - | 10 | Up to 10 | 1 hr 30 min | 38.6 | 44.4 | | |
| Rothbaum, 1997 | Yes | 1 | Yes | 3 | 4 | 4 | 1 hr 30 min | 31.6 | 100 | | |
| Rothbaum et al., 2005 | Yes | 2 | Yes | 6 | 4-5 | 7 | 1 hr 30 min | 33.8 | 100 | | |
| Shapiro, Laub, et al., 2018 | Yes | 1 | Yes | 6 | 0.43 | 3 | 1 hr 30 min | 41.7 | 84.6 | | |
| Shapiro & Laub, 2015 | Yes | 1 | Yes | 3 | 0.29 | 2 | 1 hr 30 min | 42.9 | NR | | |
| Silver et al., 1995 | No | 3 | No | - | 12.86 | at least 1 | NR | NR | 0 | | |
| Szpringer et al., 2018 | No | 1 | No | - | 14 | 10-12 | 60-90 min | 63 | 100 | | |
| Tarquinio et al., 2012 | No | 2 | Yes | 6 | 24 | 5 | 1 hr | 33 | 100 | | |
| van der Kolk et al., 2007 | Yes | 2 | Yes | 6 | 8 | 8 | 1 hr 30 min | 38.7 | 75.9 | | |
| Yurtsever et al., 2018 | Yes | 1 | Yes | 1 | 0.43 | 2 | ~2 hr | 39.9 | 72.2 | | |
| Vaughan et al., 1994 | Yes | 2 | Yes | 3 | 2-3 | 4.3 | ~50 min | NR | NR | | |

Note. RND = randomized; NR = not reported.