Book Review

Nikki Lee, RN, MS, ANLC, IBCLC, RLC

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Under One Sky: Intimate Encounters With Moms and Babies by a Breastfeeding Consultant and Nurse

Chris Auer, Praeclarus Press © 2018, paperback, \$16.95

Available from: <http://stores.praeclaruspress.com/under-one-sky-intimate-encounters-with-moms-and-babies-by-a-breastfeeding-consultant-and-nurse/>

I wish that every student health worker, no matter what their discipline, would read this sparkling collection of real life poems, stories, and vignettes about birth, breastfeeding, and families from over 77 countries.

The stories are organized by theme; chapter titles are Memories, Around the World on the Mother-Baby Unit, the Language Interpreters, the Lactation Department, the Truth About Neonatologists, Street Drugs, On the Lighter Side, Teens, Encounters After Discharge, Lactation Interns, the Newborn Intensive Care Unit, Adults in ICU, Memories of Loss, Close to Home, Social

Media, Shipping Out, Educating the Next Generation of Pediatricians, and Reflections While on Leave.

At 371 pages, this book could seem overwhelming; I assure you that it is not. The stories are rarely more than three pages long, making the format easy to integrate into a busy life.

Each story could be the subject of a whole class in cultural humility, medical care, breastfeeding work, and education.

Thank you, Chris Auer, for sharing!

Nikki Lee, RN, MS, ANLC, IBCLC, RLC, has been a nurse since 1971. In addition, she is a childbirth educator, a holistic lactation consultant, a craniosacral therapy practitioner, a baby body worker (teaching Infant Massage and Tummy-Time!), an author, a teacher and a public speaker. Her publications include *Complementary and Alternative Medicine in Breastfeeding Therapy*, the monographs “Benefits of Breastfeeding and Their Economic Impact” and “Sexuality and Breastfeeding” and the educational pamphlet “How to help yourself through labor.” She is a reviews editor for the journal *Clinical Lactation*, writes reviews for the *Old-Time Herald*, a magazine dedicated to old-time music, is author of the blog *Morning Thoughts*, and regularly updates her Facebook page, NikkiLeeHealth.